

Did You Know?

(NAPSA)—Here's news to help people with chronic respiratory diseases such as COPD breathe easier: Pulmonary rehabilitation is a proven treatment that improves quality of life, reports the American Thoracic Society. Talk to your doctor about pulmonary rehabilitation. Learn more and find a nearby program at livebetter.org.

Carbon monoxide gas can cause dizziness, unconsciousness and possibly death if undetected. To protect your family, you can install at least one carbon monoxide detector, connected to an ADT monitoring center that operates 24/7, on every level of your home.

"On Valentine's she wants a gift that wows. With amazing deals on romantic bouquets and delectable gourmet treats, 1-800-Flowers.com guarantees you'll make a lasting impression on your Valentine," says founder Jim McCann.

In an average lifetime, a homeowner will need to replace an asphalt roof at least three times as often for the same cost of one stone-coated metal roof, explained Mark Gallant, Vice President of New Product Development at DECRA Metal Roofing.

Because children still die from cancer, hundreds of radio stations, country music stars such as Randy Owen, Ashley McBryde, Kacey Musgraves, Kelsea Ballerini, the Brothers Osborne and Chris Stapleton, and millions of fans rally around the "Country Cares for St. Jude Kids" fundraiser.

A Transamerica Retirement Survey found 62 percent of American workers are unaware of the Saver's Credit, an overlooked tax credit that could make saving



for retirement more affordable. Learn more from Transamerica Center for Retirement Studies at www.transamericacenter.org.

The Right Rebate Act of 2018 would close a loophole in Medicaid that has allowed pharmaceutical manufacturers to misclassify their drugs and overcharge taxpayers by billions of dollars, says Jeffrey Lewis, the president and CEO of Legacy Health Endowment.

Thirty million adults in the U.S. are estimated to have chronic kidney disease—and most aren't aware of it, says the National Kidney Foundation. For information about kidney disease and how to tell whether you're at risk, call (800) 622-9010 or visit www.kidney.org.

To prevent snow from sticking to your shovel, spray the blade with WD-40 Multi-Use Product. Learn about more uses for WD-40 Multi-Use Product at www.WD40.com.

Ophthalmologist and chair of the Refractive Surgery Clinical Committee for the American Society of Cataract and Refractive Surgery, John Vukich, M.D., says LASIK vision correction has been around for 20 years. Your eye doctor can help you decide if it's for you.