Nearly nine out of 10 patients in the survey said they would consider switching to a newer therapy that could provide longer periods of symptom relief, up to six months. In addition, almost 40 percent of patients with inadequate symptom relief thought their treatments at least once because of lack of symptom relief would have preferred other therapies for RA sooner. However, many hesitate to discuss their treatment with their doctor because they have learned to cope with symptoms or have been told that they will always have symptoms.

The survey also revealed a wide gap between the awareness and physical perceptions of the frequency and severity of RA symptoms, as well as satisfaction with some widely used RA therapies, including non-steroidal anti-inflammatory drugs (NSAIDs), among other treatment options.

More than eight in 10 Americans believe the government should make it easier for people to incorporate exercise into their daily routine. More than three-fifths of Americans also believe the government should do more to promote walkable communities. The Workforce Health Improvement Program (WHIP) Act (H.R. 3474 and S. 1882) was signed into law last week.

In early 2006, O’Boyle was referred to a physician who, after discussing possible risks and benefits, suggested she try Rituxan, an FDA-approved drug for RA. After treatment with Rituxan and methotrexate, O’Boyle noticed a significant difference in her RA symptoms. “Since being diagnosed, I’ve seen five rheumatologists and tried every drug possible,” said O’Boyle. “Because I was vocal, I can now spend more active time with my daughter and my students.”

The likelihood of being seriously injured on an amusement park ride in the U.S. is one in 9 million. This outstanding safety record, which places the distance between parent and parks, which insures that the only scares are the adrenaline that they’re dished out by the attractions themselves.

A recent study found that people who ate nuts at least five times a week had a lower risk of heart disease as those who didn’t eat them as often. Nuts are high in monounsaturated fat and fiber.

Playing It Safe At America’s Amusement Parks

(NAPSA)—Each year, America’s theme and amusement parks entertain more than 300 million visitors who safely enjoy 1.8 billion rides. The likelihood of being seriously injured on an amusement park ride in the U.S. is one in 9 million. This outstanding safety record, which places the distance between parent and parks, which insures that the only scares are the adrenaline that they’re dished out by the attractions themselves.

Parents and young children should make sure that their children can understand safe and appropriate ride behavior;

• Never force children to ride attractions they don’t want to ride;

• If you see any unsafe behavior or condition on a ride, report it to a supervisor or manager immediately.

The parks and guardians can provide great examples for children of all ages—as part of a parent-park partnership,” said Char- lie Bray, president and CEO of IAPAP. Are you of these adults with a safety behavior in a fun way, children will also find motivation to practice safe habits at every theme park, water park and attraction they visit.

Spending time at an amusement park is not only fun way to enjoy quality time with your family and friends, it is also one of the safest ways to enjoy your leisure time together.

When buying your tickets for any theme or amusement park rides, it’s important to line up for safety first;

\*  \*  \*  \*

**** Did You Know? ****

• Nearly 90 percent of patients with moderate to severe RA, speak to your doctor if your treatment is not providing relief.

• For more information on RA, or a copy of the Rituxan full prescribing information, including boxed warning, call 1-877-74-8892 or visit www.rituxan.com.

• Find out more on how to prevent the stress of unexpected traffic. To learn more on how to prevent the stress of unexpected traffic, please visit www.suntrust.com/mycause.

• Learn more on how to prevent the stress of unexpected traffic. Search “Take Action!” under “Exercise and Fitness” and click on “Take Action!” under “Exercise and Fitness” and click on www.ticketforfun.com.

• To help parents plan for safe, enjoyable family and friends, it is also one of the safest ways to enjoy your leisure time together.

More than three-fifths of Americans believe the government should do more to promote walkable communities. The Workforce Health Improvement Program (WHIP) Act (H.R. 3474 and S. 1882) was signed into law last week.

Exercise, Four Out Of Five Americans Say

Diabetes, heart disease and other chronic diseases are the leading causes of death and disability in the U.S. and account for the vast majority of health care spending. Research has shown that exercise is a key factor in preventing chronic disease. If we’re to make any meaningful progress in improving America’s health and controlling the cost of health care, we need to create a national environment that supports health,” says Moore. “That starts with federal initiatives—like WHIP—that remove the barriers to exercise and other forms of preventive health care.

Three-quarters of Americans say they’d encourage their members of Congress to vote to pass WHIP, visit www.suntrust.com/mycause.

Did You Know? **

Age does not eliminate the disadvantage of having a scoop of ice cream fall from the cone.

—Jim Fiebig

In July 1950, a patent was issued for an automatic spaghetti-spooling fork.

A recent study found that people who ate nuts at least five times a week had a lower risk of heart disease as those who didn’t eat them as often. Nuts are high in monounsaturated fat and fiber.

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