Kids In The Kitchen:
If you're short on time, try underinflated tires or measuring cups. Cover and refrigerate chopped cilantro until you're ready to add it to your menu.

Also, try to travel when the sun is up, bright, and the road is clear. It is first and foremost a place where people can go to share their experiences. But patients can also find support in the stories of others.

When Lanie was a youngster, we encouraged her to help pull the recipe box off the shelf and help prepare the meal. It was a great experience for her, and it helped her learn the skills needed to cook and entertain for any occasion this year, and enjoy doing it together.

Kids In The Kitchen: Get the entire family involved in preparing the holiday meal. When Lanie was a youngster, we encouraged her to help pull the recipe box off the shelf and help prepare the meal. It was a great experience for her, and it helped her learn the skills needed to cook and entertain for any occasion this year, and enjoy doing it together.

But kids and families can also find inspiration in the stories of others. Patients battling a disease can share their inspiring stories and provide hope and support to those who are currently fighting or have already defeated the same disease. Patients battling a disease can share their inspiring stories and provide hope and support to those who are currently fighting or have already defeated the same disease.

When a health crisis takes place, many people look to the support they need from family, friends, and physicians. But patients can also find important inspiration and help from the example of other patients who have experienced a similar health crisis.

A new website, called Sharing Miracles, is a place where patients can go to share their own stories of hope and inspiration. It is first and foremost a place where patients who have experienced a health crisis can share their inspiring stories with other patients seeking hope as well as a better understanding of their condition.

As a health survivor, I often share the story of my own struggle against the disease with others. I know firsthand how important passing on hope and inspiration can be,” said Pharmaceutical Research and Manufacturers of America (PhRMA) CEO Billy Tauzin.

Added Tauzin, “Sharing Miracles is a testament to the power of hope. It was moved by one patient’s story about her fight to live with multiple sclerosis. She tells of her challenges and her hopes. Another relates how some great medicines have made it possible to live with HIV. It’s a real inspiration.”

The site (www.sharingmiracles.com) is sponsored by PhRMA. Several organizations, including the American Cancer Society, the Alzheimer’s Association, the National Kidney Foundation, the Centers for Disease Control and Prevention, and many others, are linking to the Web site. In addition to inspirational real patient stories, the Web site offers information about new medicines and procedures for different diseases.

For more information about Sharing Miracles, go to www.sharingmiracles.com or to the PhRMA Web site at www.phrma.org.

Health Happenings
A Humorous Look At Holiday Travel

Health Site Offers Patients Hope and Support

(HAPSA)—Helping patients find the hope and support they need to beat a disease is the purpose behind a new Web site.

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