

87 WORDS, 30 SECONDS

NEWS OF OLDER AMERICANS

MAINTAINING SOCIAL CONNECTIONS CAN IMPROVE QUALITY OF LIFE AND LEAD TO BETTER HEALTH, WHICH IS PARTICULARLY IMPORTANT DURING THE COVID-NINETEEN PANDEMIC. IF YOU'RE AN OLDER ADULT OR CAREGIVER SEEKING OPPORTUNITIES TO CONNECT WITH YOUR COMMUNITY, CONTACT THE ELDERCARE LOCATOR TO FIND LOCAL SERVICES THAT CAN HELP INCREASE SOCIAL CONNECTIONS AND REDUCE SOCIAL ISOLATION AND LONELINESS. CALL THE ELDERCARE LOCATOR AT 1--(800)--6-7-7--1-1-1-6. FUNDED BY THE U-S ADMINISTRATION FOR COMMUNITY LIVING, THE ELDERCARE LOCATOR IS A FREE PUBLIC SERVICE, ADMINISTERED BY THE NATIONAL ASSOCIATION OF AREA AGENCIES ON AGING.