

Did You Know?

(NAPS)—Alabama has one of the lowest COVID-19 vaccination rates in the nation but getting most people vaccinated is the best way to get back to normal, says the *We Can Do This* COVID-19 Public Education Campaign. For more information and to find a vaccine, visit www.vaccines.gov.

To help your pet get through separation anxiety and other disruptions of the new normal, veterinary and dog training teams and the Petco Pet Wellness Council developed a Four-Week Guide to Helping Your Pet Deal with a



New Routine. Learn more at www.petco.com/mentalhealth and www.petco.com/dogtraining.

Stand Up To Cancer is working to change minority participation in cancer clinical trials through research, education and awareness efforts geared towards achieving health equity for all cancer patients. Learn more at www.StandUpToCancer.org.

Stand Up To Cancer's Health Equity Initiative aims to increase minority representation in cancer clinical trials and ensure new cancer treatments are effective for all. Funding supports research into lung, colorectal, breast, prostate and liver cancer, which all disproportionately impact the Black community. More at www.StandUpToCancer.org.

While confident about their long-term future, many Millennials and Gen Xers are concerned about how the pandemic affects their finances now. For facts, stats and a look at a survey by the experts at New York Life, visit www.newyorklife.com.

Adults can get healthier, more beautiful and more comfortable smiles. Your dentist or orthodontist can provide Reveal Clear Aligners from Henry Schein, Inc., which are designed to help you get a healthier smile through safe, convenient and affordable treatment plans. Learn more at <https://revealclearaligners.com>.

Studies conducted or supported by the NIH's National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) have dramatically changed how people with diabetes live. Learn more at www.niddk.nih.gov.

A family of four spends, on average, \$1,500 a year on food that goes uneaten—but you can help save food, money and health for yours with helpful hints from the USDA found at www.usda.gov/food-lossandwaste.

The work you put into your yard now will reap benefits all year long. Remember: Work your landscape and your landscape will work for you. To learn more about creating the yard of your dreams, visit www.TurfMutt.com.

Dogs love the taste of pumpkin and it's so beneficial for dogs it's the first ingredient in 18 Fruitables pet products, including canned pumpkin supplements and a variety of dog treats. For more facts, tips and recipes, visit www.Fruitablespet.com and [@fruitablespettreats](https://twitter.com/fruitablespettreats).