

80 WORDS, 30 SECONDS

ALLERGY AVOIDANCE

AH, SPRING: FLOWERS IN BLOOM, BIRDS ON THE WING—AND ITCHY EYES, RUNNY NOSES, SNEEZING, COUGHING, AND DIFFICULTY BREATHING FOR THE MORE THAN SIXTY MILLION AMERICANS WITH ASTHMA OR ALLERGIES. EVEN THE CLEANEST HOME HAS ALL SORTS OF INDOOR ALLERGENS THAT GET PULLED INTO YOUR HOME'S H-VAC SYSTEM AND RECIRCULATED THROUGHOUT THE HOUSE. IT CAN HELP TO HIRE A NATIONAL AIR DUCT CLEANERS ASSOCIATION MEMBER. THEIR TECHNICIANS HAVE ADVANCED TRAINING AND CERTIFICATION IN H-VAC SYSTEM CLEANING. LEARN MORE AT BREATHING-CLEAN--DOT--COM.