

Hints For The Home

Save Cool Cash On Hot Days

(NAPS)—Almost everyone appreciates a nice, cool, comfortable home when it's hot outside, and as air conditioners kick into high gear, there can be a price to pay—literally—but you can do something about that.

The Problem

One big source of energy consumption in a home is the HVAC system. In fact, according to the U.S. Department of Energy, families can cut their energy bill by as much as 20% to 30% simply by doing proper equipment maintenance.



Keeping your home cool and comfortable doesn't have to mean getting hot under the collar when the utility bill comes due.

How It Works

Your heating and cooling system circulates temperature-controlled air through a series of air ducts. With everyday life, however, all sorts of contaminants and pollutants get pulled into the HVAC system, then recirculate through your home several times a day. All that can cause a major build-up of contaminants which can use up to 30% more energy and make the system more likely to break down.

A Solution

Fortunately, when an HVAC system is clean, it's more efficient and doesn't have to work as hard to maintain the desired temperature, so it uses less energy—which can mean lower electric bills and helps you avoid expensive repairs and replacements in the future.

Replacing filters regularly can go a long way toward maintaining a clean system, but filters can't catch everything. Your home's air ducts need to be properly, professionally cleaned.

The National Air Duct Cleaners Association (NADCA) can help. NADCA members follow the highest standards, and their technicians have advanced training and certification in HVAC system cleaning.

To find a qualified contractor to ensure the job is done right, enter your zip code in the NADCA online directory at www.breathingclean.com.