

HOLIDAY HINTS

Give Guests The Gift of Clean Air

(NAPS)—This holiday season, when family and friends gather at your house, you can all breathe easier if you've done one unexpected thing: Have your air ducts cleaned.

The Problem

Even the most spotless home made spic and span for celebrating can have dirty ducts that can't be seen but can contribute to poor indoor air quality and exacerbate health issues—especially for those with allergies, asthma,



For happier, healthier holidays, have your home's air ducts professionally cleaned.

respiratory conditions, or auto-immune disorders. That's no way to greet your guests—and Santa gets enough air pollution in those chimneys.

What To Do

Fortunately, there is a solution. Air duct cleaning, when done properly, is a great way to help you, your family and visitors breathe clean, healthy air. It can also improve your home's energy efficiency, and that leaves you more money for purchasing presents.

Who Can Help

The National Air Duct Cleaners Association (NADCA) is dedicated to helping homeowners with the air duct cleaning process. These professionals have technicians on staff with advanced training and certification in HVAC system cleaning, and they're required to follow higher standards.

Learn More

To find qualified and certified air duct cleaning professionals, visit www.breathingclean.com.