



Simple Ways to Lower Your Heating Bill

(NAPS)—There's good news for the 46% of U.S. households who heat their homes with natural gas this winter: it's expected to cost 7.8% less this year than last year. Heating with electricity or oil, however, will likely cost more.

Saving on Energy

Fortunately there are ways everyone can save. One of the biggest sources of a house's energy consumption is the HVAC system. According to the U.S. Department of Energy, families can cut their energy bill by 20-30% simply by doing proper equipment maintenance, and air duct cleaning is a way to save big money on energy bills.



A clean HVAC system is more efficient and doesn't use as much energy to maintain a comfortable temperature this winter, ultimately saving you money on utility costs.

Indoor air contains unseen pollutants: dust, dander, pollen, mold, chemicals, and more. Your heating and cooling system circulates the contaminated air through the air duct pathways and it can build up in the ductwork and on other components.

Dirty HVAC systems—especially dirty coils—use up to 30% more energy resulting in higher utility bills.

The National Air Duct Cleaners Association (NADCA) recommends having a professional clean the entire HVAC system.

One way to make sure you get a qualified contractor to do the job right is to search the NADCA online directory for a nearby member employing technicians with advanced training and certification in HVAC system cleaning.

Learn More

For further facts and tips visit www.breathingclean.com.