

79 WORDS, 30 SECONDS

## HEALTH AND WELL BEING

ABOUT HALF OF AMERICANS FEEL THEY LOST TIME IN THEIR LIVES TO POOR MENTAL HEALTH, ACCORDING TO THE GENE-SIGHT MENTAL HEALTH MONITOR SURVEY. ABOUT A THIRD OF THOSE WITH ANXIETY AND OR DEPRESSION SAY THEY HAVE MISSED SIGNIFICANT EVENTS DUE TO INEFFECTIVE MENTAL HEALTH TREATMENTS, WHICH MAY BE DUE TO MEDICATION TRIAL-AND- ERROR. FORTUNATELY, CLINICIANS CAN USE THE GENE-SIGHT TEST—A SIMPLE CHEEK SWAB—TO HELP INFORM PATIENT'S MENTAL HEALTH MEDICATION TREATMENT BASED ON GENETICS. LEARN MORE AT [GENE-SIGHT--DOT--COM](http://GENE-SIGHT--DOT--COM).