



Do's And Don'ts of D-I-Y

(NAPS)—Homeowners often turn to online do-it-yourself tips to help them maintain their house, but some advice can do more harm than good.

For example, DIY duct cleaning can lead to serious damage to your HVAC system. Inadequate tools and techniques can cause blockages, reduce system efficiency, and result in costly repairs.

More importantly, DIY methods can release harmful particles into your home's air. Dust, allergens, and mold spores can escape, posing health risks to you and your loved ones.



When it comes to cleaning your house's duct work yourself, the best advice is: "don't." Have a professional do it right instead.

DIY duct cleaning can be time-consuming and frustrating, often resulting in incomplete or ineffective cleaning. Any initial cost savings can quickly vanish with potential system damage and increased energy bills.

Fortunately, there can be a solution. NADCA member companies use specialized equipment to thoroughly and safely clean your ducts, ensuring contaminants are properly contained and removed.

You can trust NADCA professionals to maintain your HVAC system and ensure you and your family breathe clean indoor air. Visit NADCA.com to learn more and find qualified professionals nearby.