

Did You Know?

(NAPS)—While 92% of older Americans with mild cognitive impairment (MCI) are undiagnosed, early screening means they can be helped to a better, more independent lifestyle. Tests are available as a part of Signify Health's In-Home Health Evaluations (IHEs). Learn more at HelloSignify.com.

The Outdoor Power Equipment Institute (OPEI) encourages homeowners to education themselves by visiting WeatherItBetter.com, which includes tips on having the right outdoor power equipment, severe weather and emergency cleanup, and safety measures.

Four delightful, classic books for children are *Ten Little Rabbits* by Maurice Sendak, *Runny Babbit: A Billy Sook* and *Runny Babbit Returns: Another Billy Sook* by Shel Silverstein, and *The Runaway Bunny* by Margaret Wise Brown, illustrated by Clement Hurd. Learn more at www.HarperCollins.com.

Using less energy reduces air pollution associated with energy generation and helps ensure that limited energy resources go further. For a look at many ways to save energy, money and help protect the environment, visit www.energystar.gov/EarthDay.

The Red Cross's Congressional Charter authorizes the organization to provide emergency communication services to deployed service members around the world. It has unique access to U.S. military installations, military hospitals and veteran care facilities. To learn how to help it promote international humanitarian law, visit redcross.org/ihl.

Greening urban spaces can help improve the health and happiness of everyone in the neighborhood. Learn how from the experts at the TurfMutt Foundation at www.turfmutt.com.



Reading is among the most difficult tasks students must master and only about 31% of American fourth-grade students and 30% of eighth-grade students do it well. Fortunately, teachers can find proven education tools and programs from Lexia at www.lexialearning.com.

Lung cancer is the leading cause of cancer deaths in the United States, yet only 16% of people at high risk have been screened. Learn more, and check if you qualify for a low-dose CT scan, at SavedByTheScan.org.

Many Americans worry about being unprepared for retirement. Support is available to help you plan for retirement and boost your financial security. The Ad Council and AARP are providing free retirement planning resources at ThisIsPretirement.org.

Women with dry eye should see an ophthalmologist. Those who are uninsured or underinsured may be eligible for a no out-of-pocket cost medical eye exam through the American Academy of Ophthalmology's EyeCare America® program. To see if you or a loved one qualifies, visit www.aaopt.org/eyecare-america/patients.