

# Parents Guide

---

## How To Stay Safe And Connected With Affordable Internet This School Year

(NAPS)—Whether your child just started grade school or is considering graduate schools, it's essential to ensure any online learning needs are seamless and affordable. That starts with making sure they have access to the right broadband Internet speed and bandwidth.

In today's fast-paced world, slow loading times and interrupted video calls can create frustrating experiences and educational setbacks.

Fortunately, SmartMove has the resources you need to overcome obstacles and turn your home into a high-performance digital hub. At [www.smartmove.us/back-to-school-Internet](http://www.smartmove.us/back-to-school-Internet), you'll find tips like the below:

- **Optimize Network Settings:** Prioritize devices that require higher bandwidth, such as laptops for video conferencing or online learning platforms. Limit the bandwidth for non-critical devices
- **Upgrade Your Internet Plan:** A higher-speed Internet plan may handle multiple users and bandwidth-intensive tasks simultaneously.
- **Use Wired Connections:** For devices that need a stable connection, such as desktop computers or gaming consoles, use Ethernet cables instead of WiFi to reduce strain on your network.
- **Schedule High-Bandwidth Activities:** Coordinate with family members to schedule high-bandwidth activities (large file downloads and streaming, say) during off-peak hours.

### Safeguard Your Family's Online Environment

Robust privacy and security settings keep your children safe online at any age and protect sensitive information. Here are some to take advantage of.

**Parental Controls:** These let you monitor and manage your child's online activities and provide a secure digital space for children to explore and learn while shielding them from harmful content.

**Age-Appropriate Content Filtering:** Set customized, age-appropriate filters to block access to websites, apps, and content based on your child's age group.

**Screen Time Management:** Regulate the amount of time your children spend online. You can set specific time limits for Internet usage, preventing excessive screen time and promoting a healthy balance between online and offline activities.



**From grade school to higher ed, the right Internet connection and tools empower excellence in education.**

---

### Simplifying Device Sharing and Efficiency

To make the most of your Internet without causing conflict, consider upgrading to a higher-speed Internet plan that can handle multiple users and bandwidth-intensive tasks simultaneously.

**Monitor Network Usage:** Network monitoring tools can identify devices or applications that consume excessive bandwidth during peak hours.

**Set Limits On Devices:** Where possible, set limits on bandwidth use per device to ensure adequate support during congested times.

**Reposition the Router:** Move the router to a central location in the house. Keep it away from physical obstacles like walls, metal objects, or appliances that can interfere with signals.

**Use WiFi extenders or mesh systems:** These can amplify coverage, eliminating dead zones.

### Finding The Best Deals For College Students And E-Learning

While free Internet access is available on most campuses and in dorms, for the best Internet connection to power your studies off campus, you'll need a home Internet connection you can rely on.

Fortunately, many broadband providers offer budget-friendly packages and university discounts with perks such as high-speed Internet for online classes, affordable TV bundles for downtime, and special mobile phone plans with unlimited data and discounts.

Providers all over the country have student offers ranging from Internet discounts to streaming bundles. Plus, you may qualify for programs from the FCC that can save you even more.

### Learn More

Students and their families can find the best resources and compare plans at [www.smartmove.us/back-to-school-Internet](http://www.smartmove.us/back-to-school-Internet).